## Walk & Talk!!

Do you feel Isolated in the holidays?

Are the Kids Bored and miss their friends!



Give them a break from technology and join us for a social

walk along the Leas 🚱

## **On Tuesday 18th Feb – 10am – 11:30am**

Meet by the benches opposite the Little Oyster Café – Minster ME12 2NJ Suitable for mums with buggies along the promenade



we will be joined by Kent wildlife experts from the **Birdwise** project, they will be able to tell us about the birds that grace our shoreline in the winter

Sheppey Lifestyle ) Years Find out more by contacting Sheppey Matters on 01795 585335 or e-mail office@sheppeymatters.org.uk